



THE BELLEAIR BEACH BREEZE

March 2013

City of Belleair Beach

Mayor

Kathy Mortensen

Vice Mayor

David Dumville

Councilmembers

Rob Baldwin

Jeril S. Cohen

Leslie Notaro

John Pietrowski

Wanda Schwerer

City Manager

Nancy G. Gonzalez

City Clerk

Patricia A. Gentry, CMC

Finance Officer

Melanie Neumann

City Attorney

Paul J. Marino

Community Services

Allen Godfrey

Administrative Assistant

Pamela J. Nightingale

Community Services Staff

Howard Chavis, Supervisor

Jana Mastilovic

Community Improvement Officer

John Ouimette

Upcoming City Council Meetings

March 4, 2013 - 6 pm

March 18, 2013 - 5 pm

City of Belleair Beach
444 Causeway Boulevard
Belleair Beach FL 33786
727.595.4646
727.593.1409 FAX

Hours: 8:00 am to 4:30 pm M-F

www.cityofbelleairbeach.com

March 18th, 2013

On March 18th 2013, Kathy Mortensen will step down as the Mayor of Belleair Beach. Mayor Mortensen had said prior to election, she would serve only one term. Her zest for life and concern for the welfare of the City will be missed by all Council and Staff. Please join us in thanking Kathy for her dedication!

Having run unopposed, Mr. Rob Baldwin will take the helm of the City as Mayor and will be serving a 3 year term. Rob has served as a Councilmember, Vice Mayor, and began his service with the City on the Code Enforcement Board. Rob was the project manager and instrumental during the construction of the new Community Center.

Remaining unopposed on the City Council are Councilmembers Jeril Cohen, John Pietrowski and Wanda Schwerer.

Also at this organizational meeting, the newly sworn in City Council will vote on Vice Mayor.

Congratulations to the new Mayor and thank you Mayor and returning councilmembers for your willingness to serve the City of Belleair Beach.

Fitness Classes

The new schedule for Fitness Classes can be found on the City's website at <http://www.cityofbelleairbeach.com/content/fitness-classes>

This year returning instructors N.J. Moreno, Cheryl Champagne, Angelique Butin, and tennis Instructor Jim Rudolph will be offering classes for the 2013 year.

N.J. Moreno offers an exercise program for the 50+ with weights, palates, yoga and stretching.

Cheryl Champagne teaches an open level Yoga class, It will increase your flexibility while making your body a more spacious home.

Angelique Butin gets you moving with Zumba. Music moves from Salsa, Merengue and Cha Cha to Belly Dance.

Jim Rudolph has a varied schedule of Tennis clinics and offers private classes upon request.

All classes are open to the public. Come have fun and get in shape this year!



Pinellas County Fair

Coming to Tropicana Field,
St. Petersburg,

March 20-24, 2013

Wednesday & Thursday: 5 pm to 11 pm
Friday: 3 pm to Midnight
Saturday: Noon to Midnight
Sunday: Noon to 10 pm

Visit <http://www.pinellascountyfair.com/>



Area Agency on Aging Of Pasco - Pinellas

When you need help, who do you call? For information 8 am to 5 pm call 1.800.963.5337.

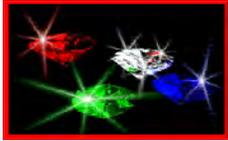
Call for assistance with

Caregiver Support
Health Insurance Help
Meals on Wheels
Medicare Fraud

Case Management
Housing Options
Medicaid/Public Assist.
Victim Advocacy

Homemaker/Personal Care
Legal Help
Medicare & Prescription Drugs
Transportation





John's Gems

Community Improvement Officer—John Duimette

Construction Site Rules



Sec. 10-36. - Site debris and hurricane protection.

During construction within the city, the builder shall:

- A. Take positive action to prevent construction materials and debris from encroaching on adjoining properties or waters.
- B. Provide receptacles with lids for disposal of food scraps, bottles and cans and arrange for periodic emptying of such receptacles.
- C. Within 24 hours, comply with an order from the building inspector to cleanup the construction site when, in the building inspector's opinion, the site presents safety hazards or adverse appearances beyond what can be reasonably expected.
- D. Provide a dumpster of sufficient size to hold the amount of debris generated at the construction site. The dumpster shall be maintained at the site until removal of such dumpster is approved by the building inspector.

To read more on Construction requirements, please click here. <http://library.municode.com/index.aspx?clientId=13451>

March of Dimes - March for Babies - Pinellas County 2013

Date: Saturday, April 27, 2013

Time: 9:00AM

Registration Time: 8:00AM



**Safety Harbor Marina
110 Veterans Memorial Lane
Safety Harbor, FL 34695**

It's America's favorite walking event! When you walk, you give hope to the babies born too soon or sick. The money you raise supports programs in your community that help moms have healthy, full-term pregnancies, and it funds research to find answers to the serious problems that threaten our babies. We've been walking since 1970 and have raised an incredible \$2.6 billion! Join the more than 7 million people who participate, donate and/or sponsor. There are plenty of opportunities for day-of-event exposure, activation and education - not to mention opportunities to meet hundreds of others who are just like you!

Visit the www.MarchofDimes.com to register.



Pinellas County Schools

Monday, March 25, 2013 - Friday, March 29, 2013 - Spring Holidays - schools closed for students

SPRING BREAK

Spring

Daylight Savings Time Begins

Sunday, March 10, 2013

Forward

Daylight Savings Time was not formally adopted in the U.S. until 1918. 'An Act to preserve daylight and provide standard time for the United States' was enacted on March 19, 1918. It both established standard time zones and set summer DST to begin on March 31, 1918. Daylight Saving Time was observed for seven months in 1918 and 1919.

After the War ended, the law proved so unpopular (mostly because people rose earlier and went to bed earlier than people do today) that it was repealed in 1919 with a Congressional override of President Wilson's veto. Daylight Saving Time became a local option, and was continued in a few states, such as Massachusetts and Rhode Island, and in some cities, such as New York, Philadelphia, and Chicago.

The Flower of March

Symbolizing rebirth and new beginnings, the daffodil is virtually synonymous with spring. Though their botanic name is narcissus, daffodils are sometimes called jonquils, and in England, because of their long association with Lent, they're known as the "Lent Lily."

Lore connecting the daffodil to not only a sign of winter's end but a lucky emblem of future prosperity is found throughout the world. In Wales, it's said if you spot the first daffodil of the season, your next 12 months will be filled with wealth, and Chinese legend has it that if a daffodil bulb is forced to bloom during the New Year, it will bring good luck to your home.

To give a gift of daffodils is said to ensure happiness. But always remember to present daffodils in a bunch – the same legends that associate this cheerful flower with good fortune warn us that when given as a single bloom, a daffodil can foretell misfortune.



The Tampa Bay Veterans Alliance and the
Division 11 Coast Guard Auxillary, in
cooperation with the City of Clearwater proudly
presents:

The United States Coast Guard Band



In a free concert on
Thursday, March 7, 2013 – 7:00 P.M.

At Ruth Eckerd Hall
1111 McMullen Booth Road
Clearwater, Florida 33759

Tickets will be available
at all Pinellas County
Pinch-A-Penny Stores
during the third week
of February 2013.



St. Patty's Day Breakfast

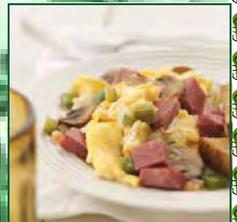
This one couldn't be much simpler. Treat your family to this quick and delicious recipe.

Ingredients

- 3 tablespoons butter, divided
- 4 cups refrigerated diced potatoes with onion
- 1-1/2 cups leftover cooked corned beef, diced
- 1 medium green pepper, diced
- 1 cup sliced fresh mushrooms
- 1 teaspoon salt
- 6 eggs
- 1/2 teaspoon pepper

Directions

In a large skillet, melt 2 tablespoons butter; stir in the potatoes, beef, green pepper, mushrooms and salt. Cook, covered, over medium heat for 10-12 minutes or until vegetables are tender, stirring occasionally. Meanwhile, in a small bowl, whisk eggs and pepper. In another skillet, heat remaining butter over medium heat. Add egg mixture; cook and stir until eggs are completely set. Stir into potato mixture. Yield: 6 servings.





Out 'n About



Theater

The Producers
The Baby Boomer Comedy Show
Bill Cosby
Dennis Miller

Eight O'Clock Theater
Largo Cultural Center
Ruth Eckerd Hall
Mahaffey Theater

March 1-17, 2013 - 8 pm
March 23, 2013 - 8 pm
March 23, 2013 - 8 pm
March 30, 2013—8 pm

Concerts



Sleeping Beauty
Kodo Drummers
The Golden Boys
Mickey Finn & Company
Hall & Oates
Less Paul & Mary Ford Tribute
Simon and Garfunkel Retrospective
Largo Teen Idol

Ruth Eckerd Hall
Ruth Eckerd Hall
Ruth Eckerd Hall
Largo Cultural Center
Ruth Eckerd Hall
Largo Cultural Center
Largo Cultural Center
Largo Cultural Center

March 1, 2013 - 7:30 pm
March 2, 2013 - 7 pm
March 3, 2013 - 2 pm
March 4, 2013 - 7 pm
March 6, 2013 - 8 pm
March 13, 2013 - 7 pm
March 18, 2013 - 7 pm
March 21, 2013 - 7 pm



Events/Crafts/Exhibits

Tampa Bay Boat Show
2013 PGA Tour Tampa Bay Championship
Pinellas County Fair
The Honda Grand Prix of St. Pete

Tropicana Field
Innisbrook, Palm Harbor
Tropicana Field
400 1st St., St. Petersburg

March 8-10, 2013 10 am-6 pm
March 11-13, 2013
March 20-24, 2013
March 22-24, 2013 - 8am-6pm

Are You Safe?

March is Eye Safety Month

With so many people using computers at work and at home, complaints of eye strain, difficulty focusing and discomfort have become commonplace in doctors' offices.



One of the main reasons for this is, although offices have marched into the age of technology, not much else has. People are still using the same lighting, furniture, and desk configurations they had when using typewriters.

To mark March as Workplace Eye Safety Month, the American Academy of Ophthalmology has put together some tips to help us alleviate some of the eye problems modern technology has given birth to. They are:

- First and most important — get an eye exam by your ophthalmologist, who can rule out the possibility of eye disease as the cause of your symptoms. You could simply need glasses when working at a computer, or your prescription might need updating;
- Screen distance — you should sit approximately 20 inches from the computer monitor, a little further than you would for reading distance, with the top of the screen at or below eye level;
- Equipment — choose a monitor that tilts or swivels, and has both contrast and brightness controls;
- Furniture — an adjustable chair is best;
- Reference materials — keep reference materials on a document holder so you don't have to keep looking back and forth, frequently refocusing your eyes and turning your neck and head;
- Lighting — modify your lighting to eliminate reflections or glare. A hood or micromesh your screen might help limit reflections and glare; and
- Rest breaks — take periodic rest breaks, and try to blink often to keep your eyes from drying out.

Another thing to remember is that the forced-air heating systems in big office buildings can increase problems with dry eyes during the winter months. The usual symptoms of dry eye are stinging or burning eyes, scratchiness, a feeling that there's something in the eye, excessive tearing, or difficulty wearing contact lenses. Over-the-counter eye drops, called artificial tears, usually help, but if dry eye persists, see your eye doctor for an evaluation.

